

Field to Fork

(cooking and nutrition)

Useful Websites

<https://www.bbc.co.uk/bitesize/subjects/zyr9wmn>

<http://www.foodafactoflife.org.uk/>

<https://www.bbc.co.uk/bitesize/clips/z2vs34j>

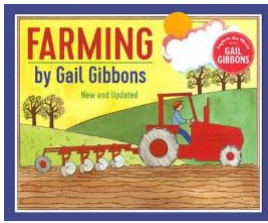
<https://www.bbc.co.uk/bitesize/clips/zydmpv4>

<https://www.theschoolrun.com/homework-help/food-and-farming>

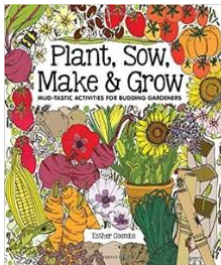
<https://www.nhs.uk/change4life>

Useful Books

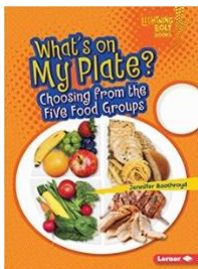
“Farming” by Gail Gibbons



“Plant Sow Make & Grow: Mud-tastic Activities for Budding Gardeners” by Esther Coombs



“What’s on My Plate: Choosing from the Five Food Groups” by Jennither Bothroyd



Educational Visits

- Brocksbushes
- Wheelbirks